



Reach Regatta 2009 - NOTICE OF RACE

Queen Quay Regatta for Sailors with a Disability
Queens Quay Disabled Sailing Program – Toronto, Ontario

August 8th & 9th, 2009

1. Organizing Authority:

The Reach Regatta 2009 Organizing Authority is composed of representatives of Queens Quay Disabled Sailing Program.

2. Rules:

This regatta will be governed by the 2005- Racing Rules of Sailing (RRS), the Sailing Instructions and Rules of the Martin 16 class.

3. Venue:

The Queens Quay Sailing Program is a fully accessible facility including a large transfer dock and a transfer lift to quickly transfer sailors in and out of their boats.

4. Classes Raced:

All races will be sailed in Martin 16 sloops with jib and main sail only.

5. Eligibility:

- 5.1 Reach Regatta is a regatta for sailors with disabilities. All sailors are encouraged to inquire about participation, regardless of the severity of their disability or limited sailing experience.
- 5.2 The competition is open to people with a disability, of all ages and skill levels. Including people with quadriplegia (low and high level), paraplegia, hemiplegic, double-leg amputations, double-arm amputations, multiple sclerosis, cerebral palsy, etc... Sailors are requested to indicate the nature of their disability on registration. In case of dispute, the Organizing Authority will be the sole arbiter of eligibility. Participants will indicate whether they wish to race in Gold fleet or Silver fleet at the time of registration. When selecting a fleet, competitors should consider the following:
 - 5.2.1 The Gold fleet is recommended for experienced racing sailors who are comfortable in a competitive fleet.
 - 5.2.2 The Silver fleet is recommended for less experienced and novice sailors as well as those wishing to further develop their racing skills in a supportive environment. Coaching support and training opportunities will be provided for both fleets.

6. Boats and Equipment:

Any competitor may supply, prepare and maintain their Martin 16 sloop and related equipment. Competitors must present proof of third party liability insurance at time of registration.

7. Assistive Devices:

Any competitor may supply and use any assistive device they deem necessary to provide to the other competitors an equivalent level of function. Assistive devices must be declared and approved by the Organizing Authority prior to the start of the first race in which the assistive device is used.



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8. Race Schedule:

The warning signal for the first race in gold fleet on Saturday will be scheduled for 10:00 am and silver fleet 1:30 pm. The intention is to run two races for each fleet on each day.

- Saturday Morning Gold fleet, Afternoon Silver fleet
- Sunday Morning Silver fleet, Afternoon Gold fleet

9. Registration & Sailing Instructions:

Registration must be completed by Friday August 7th in person or by phone with the Queens Quay disabled sailing staff.

10. Penalty System:

Rules 44.1 and 44.2 are changed so that only one turn, including one tack and one gybe is required.

11. Advanced Registration and Entry:

- 11.1 Entry is limited to 14 boats in the gold fleet and 14 boats in the silver fleet. Queens Quay disabled sailing program has 7 boats on site.
- 11.2 Entry fees are \$30.00 if received at the Queens Quay disabled sail program by Saturday, August 8th, 2009.
- 11.3 Competitors must fully complete the Queens Quay membership Registration Form prior to sailing in the regatta.

12. Safety:

- 12.1 Canadian participants shall supply and wear a PFD approved by the Canadian Department of Transport/Canadian Coast Guard at all times while racing. International competitors shall supply and wear a government approved PFD at all times while racing. In the event that it is not practical or safe for a competitor to use a PFD as described above, the participant may apply to the Organizing Authority for dispensation. In such a case the participant must supply and wear, at all times while racing, an alternative form of PFD which must have been submitted to and accepted by the NC Cup Organizing Authority upon registration.
- 12.2 The Queens Quay Organizing Authority may require any competitor to sail with a sailing companion for the safety of the competitors, boats and equipment.

13. Meals:

Meals may be purchased at the time of registration. Regatta BBQ costs are included in the cost of regatta registration for fleet sailors. Volunteer/Companions may also purchase BBQ meals at the time of registration at \$3 per person.

14. Further information:

If you have specific questions which are not addressed in this preliminary Notice of Race, please contact:

- Suzanne Ruttan, Program Manager at Queens Quay Disabled Sailing program (416) 214-0358